

BIRLA INSTITUTE OF TECHNOLOGY, MESRA, RANCHI
(MID SEMESTER EXAMINATION)

CLASS: BBA & BCA
BRANCH: BBA & BCA

SEMESTER : 1ST
SESSION : MO/2024

SUBJECT: MN104 PHYSICAL EDUCATION

TIME: 02 Hours

FULL MARKS: 25

INSTRUCTIONS:

1. The question paper contains 5 questions each of 5 marks and total 25 marks.
 2. Attempt all questions.
 3. The missing data, if any, may be assumed suitably.
 4. Tables/Data handbook/Graph paper etc., if applicable, will be supplied to the candidates
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		CO	BL
Q.1(a) Define Physical Education.	[2]	3	2
Q.1(b) What are the Career options for Physical Education?	[3]	1	1
Q.2(a) How do fitness wearable's Track Physical activity?	[2]	1	1
Q.2(b) Explain the aims & Objectives of Physical Education.	[3]	3	2
Q.3(a) What do you understand by wellness?	[2]	1	1
Q.3(b) Explain the meaning of Health.	[3]	3	2
Q.4(a) Highlight the Health threats in modern lifestyle.	[2]	3	2
Q.4(b) Highlight the components of positive lifestyle.	[3]	3	2
Q.5(a) Define Test.	[2]	3	2
Q.5(b) What do you mean by Evaluation?	[3]	1	1

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