

BIRLA INSTITUTE OF TECHNOLOGY, MESRA, RANCHI
(MID SEMESTER EXAMINATION)

CLASS: BBA & BCA
BRANCH: BBA & BCA

SEMESTER : 1ST
SESSION : MO/2024

SUBJECT: MN104 PHYSICAL EDUCATION

TIME: 02 Hours

FULL MARKS: 25

INSTRUCTIONS:

1. The question paper contains 5 questions each of 5 marks and total 25 marks.
2. Attempt all questions.
3. The missing data, if any, may be assumed suitably.
4. Tables/Data handbook/Graph paper etc., if applicable, will be supplied to the candidates

		CO	BL
Q.1(a)	Define Physical Education.	[2]	3
Q.1(b)	What are the Career options for Physical Education?	[3]	1
Q.2(a)	How do fitness wearables Track Physical activity?	[2]	1
Q.2(b)	Explain the aims & Objectives of Physical Education.	[3]	2
Q.3(a)	What do you understand by wellness?	[2]	1
Q.3(b)	Explain the meaning of Health.	[3]	2
Q.4(a)	Highlight the Health threats in modern lifestyle.	[2]	3
Q.4(b)	Highlight the components of positive lifestyle.	[3]	2
Q.5(a)	Define Test.	[2]	3
Q.5(b)	What do you mean by Evaluation?	[3]	1

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