

BIRLA INSTITUTE OF TECHNOLOGY, MESRA, RANCHI
(MID SEMESTER EXAMINATION MO/2023)

CLASS: BBA / BCA
BRANCH: MNGT / COMP APPLICATION

SEMESTER : I
SESSION : MO/2023

SUBJECT: MN104 PHYSICAL EDUCATION AND SPORTS
TIME: 02 HOURS

FULL MARKS: 25

INSTRUCTIONS:

1. The question paper contains 5 questions each of 5 marks and total 25 marks.
 2. Attempt all questions.
 3. The missing data, if any, may be assumed suitably.
 4. Tables/Data handbook/Graph paper etc., if applicable, will be supplied to the candidates
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		CO	BL
Q.1(a)	How do fitness wearable's track physical activity?	[2] 1	1
Q.1(b)	Define the concept of physical literacy.	[3] 1	1
Q.2(a)	Define physical Education.	[2] 1	1
Q.2(b)	What is the purpose of smart sports equipment in training and performance?	[3] 1	1
Q.3(a)	How does mental and emotional wellness contribute to one's overall health?	[2] 2	2
Q.3(b)	How do cultural and societal factors influence perceptions of health?	[3] 2	2
Q.4(a)	How does regular exercise contribute to physical fitness?	[2] 2	2
Q.4(b)	What is the concept of leadership through physical activity and sports?	[3] 2	3
Q.5(a)	Define Test and Measurement.	[2] 3	1
Q.5(b)	Explain the Importance of Test, Measurement & Evaluation in Sports.	[3] 3	2

:::20/09/2023 M:::